



Introducing the

Essex, Southend and Thurrock Dementia Strategy



Strategy Commitment

- i To deliver the objectives of the National Dementia Strategy in Essex
- i Improve outcomes for people living with dementia in Essex and their carers
- i Ensure we have a partnership approach to implementation and delivery



Who is the Strategy for?

- i People living with dementia
- i Carers
- i Commissioners
- i Providers
- i Local authorities/NHS
- i Acute health trusts
- i Workforce and skills training bodies

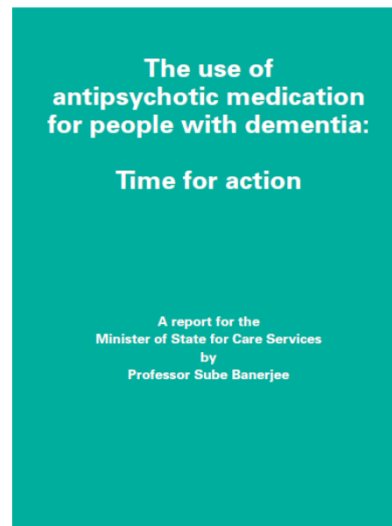
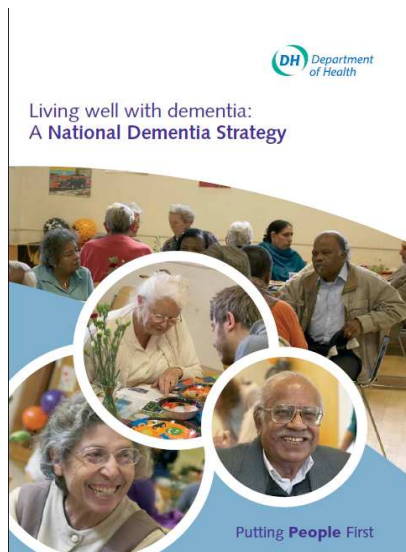
Who has been involved in producing this strategy?



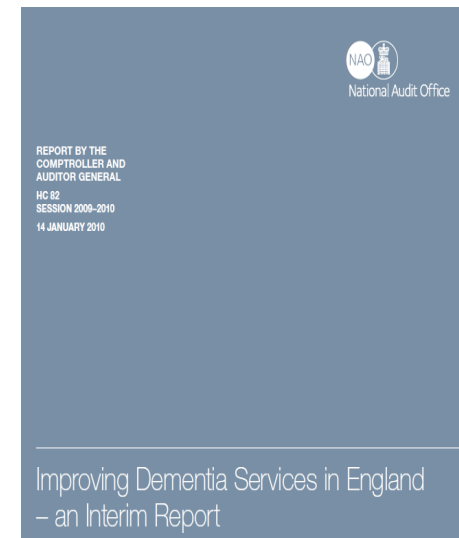
Essex, Southend and Thurrock
Dementia Strategy

Background

National Dementia Strategy: 17 objectives
Anti-psychotic Report - 11 recommendations
Public Accounts Committee – 10 recommendations



An independent report commissioned and funded by the Department of Health



Essex, Southend and Thurrock
Dementia Strategy

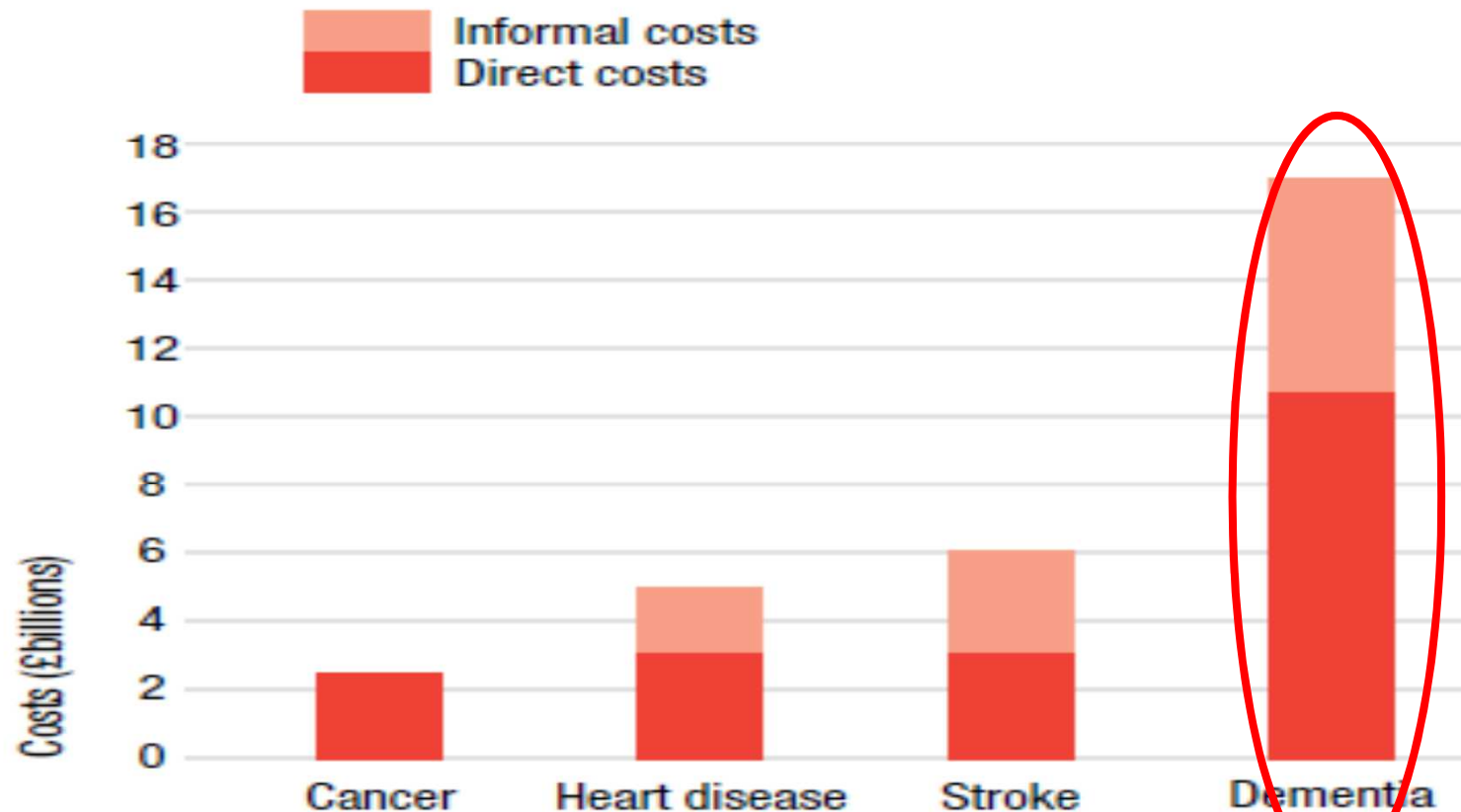


Public Accounts Committee and National Audit Office reports

- i **Dementia not a priority**
- i **Public awareness**
- i **How the £150m allocation to PCTs is spent**
- i **Mental health liaison teams**
- i **Dementia leads in hospital**
- i **Training and qualification**
- i **Reduction in anti-psychotic prescribing**

Societal Cost

The comparative societal costs of cancer, ischaemic heart disease, stroke and dementia in the United Kingdom



Alzheimer's Disease International, 2009

Essex, Southend and Thurrock
Dementia Strategy



Priorities for Dementia in 2010

- Early diagnosis and intervention in primary care
- Dementia in the General Hospital
- Dementia in Care homes
- Reduction of antipsychotics

Underpinned by Support for carers, an ongoing commitment to Personalisation and workforce development



Outcomes for people with dementia

By 2014, all people living with dementia in England should be able to say:

I was diagnosed early

I understand, so I make good decisions and provide for future decision making

I get the treatment and support which are best for my dementia, and my life

Those around me and looking after me are well supported

I am treated with dignity and respect

I know what I can do to help myself and who else can help me

I feel part of a community and I'm inspired to give something back

I can enjoy life

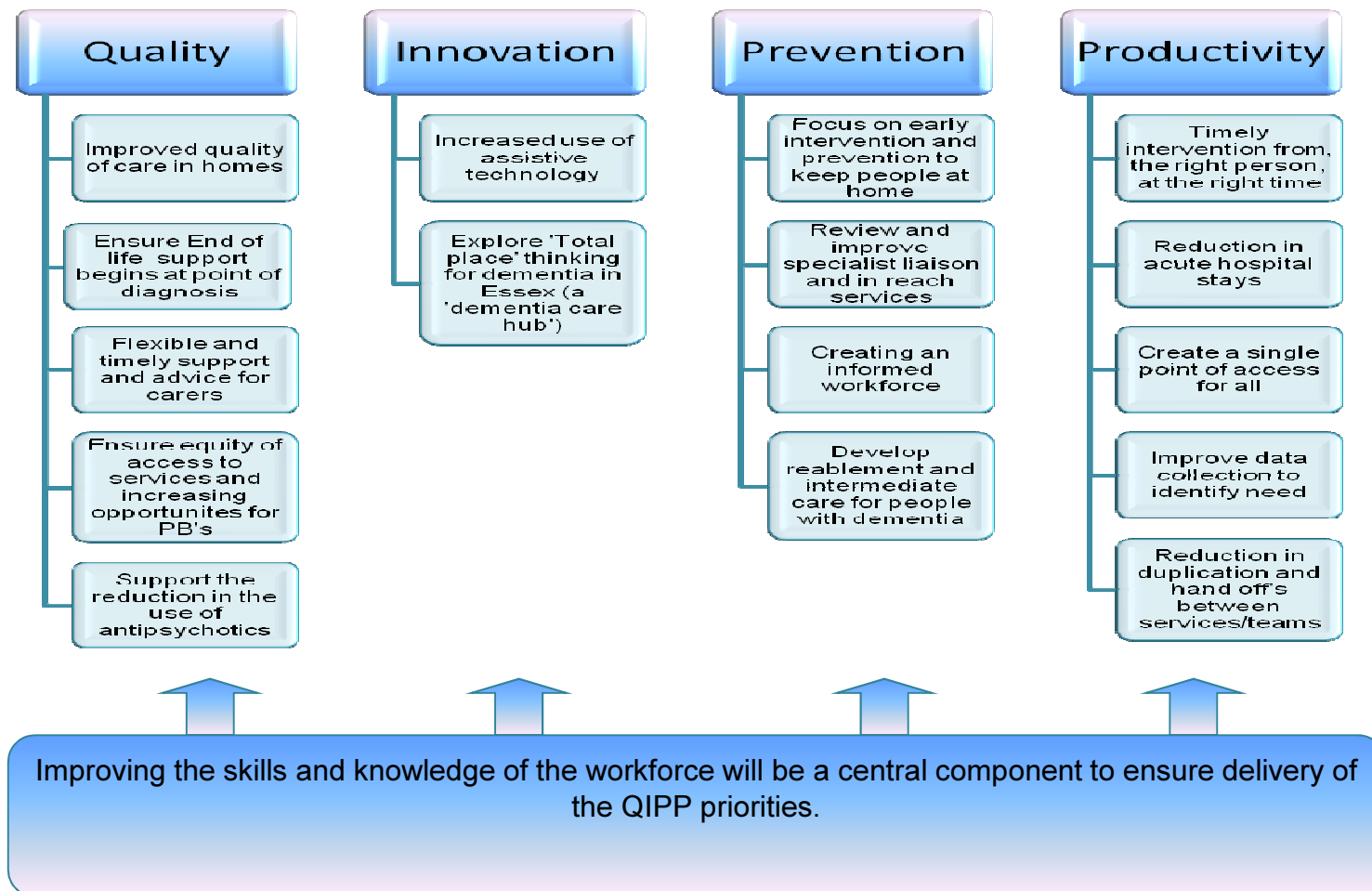
I am confident my end of life wishes will be respected. I can expect a good death



Key themes of draft Strategy

- i Fit for the future – in line with the direction of change
- i Outcome focused
- i Improved quality of care, information and advice
- i Delivering the strategy within QIPP

Ensuring our priorities are aligned with QIPP



Number of People in Thurrock aged 65+ predicted to have dementia

Dementia - all people	2010	2015	2020	2025	2030
People aged 65-69 predicted to have dementia	78	101	89	99	118
People aged 70-74 predicted to have dementia	136	158	200	179	200
People aged 75-79 predicted to have dementia	225	259	294	381	347
People aged 80-84 predicted to have dementia	365	362	432	503	644
People aged 85-89 predicted to have dementia	406	406	422	522	600
People aged 90 and over predicted to have dementia	271	388	477	567	714
Total population aged 65 and over predicted to have dementia	1,480	1,674	1,915	2,250	2623



Current Service Provision in Thurrock

Thurrock Council

- i Community Mental Health Team Older People - consists of Social Workers, AMHP's, CMHN's, OT's, Psychiatrists, Support Staff. Provides assessment, support planning and ongoing support under CPA. (Joint team with SEPT)
- i Intermediate Care Team – based at OPMH. Provides support with MH issues, re-ablement and hospital admission avoidance.
- i Specialist day centre for those experiencing memory problems.
- i Carer support services – including information and advice, outreach sitting service, weekend and evening respite services
- i Residential respite services
- i Residential/Nursing placements



Current Service Provision in Thurrock

Alzheimer's Society

- i Provides support and information to those experiencing dementia and carers.
- i Support at memory clinics
- i Keep fit group for younger people with dementia
- i Leisure activities
- i Motivated men
- i Pub lunches
- i Social events and outings
- i Awareness raising with professionals



Current Services in Thurrock

SEPT

- i Memory Clinic
- i Jubilee Day Hospital - Day treatment services provide assessment and treatment for clients and carers and include therapeutic activities and support to remain at home.
- i Community Mental Health Team Older People – Joint team with Thurrock Council
- i In-patient specialist OPMH Assessment and respite units.
- i Psychology



Current Services In Thurrock

Thurrock MIND

- i OPMH Advocacy
- i IMCA Service
- i IMHA Service



Conclusions

- i Strategy widely welcomed
- i Local and regional support in place
- i High profile in terms media and other interest
- i Priority – top down, bottom up
- i Focus on partnership working
- i Are changes really happening on the ground that are making a difference?



What next?

- i Complete consultation process
- i Analysis of responses
- i Redrafting of Strategy, where responses indicate
- i Launch of final Strategy
- i Implementation Plan



Consultation Questions

- i Is there anything that has been missed to help us to deliver the Pan Essex Dementia Strategy?
- i Does this Strategy fully address issues of equality and diversity and the needs of particular groups?
- i What are your priorities for implementation? What can and should be done first?
- i What can you or your organisation do in partnership to help deliver the outcomes?